

Women's Day Celebration – March 2007

As you all know that 8th of March is celebrated as Women's Day throughout the world. This year 8th of March was Thursday, so we took the opportunity to speak a few words to the patients who had come to attend our MCH clinic. As you all know that since February MCH is running three days in a week.

We all believe that a woman plays a major role in the family, as a girl, wife, mother, grandmother, mother-in-law etc. She is the centre of every family but in India women is hardly given the importance, and her health is highly neglected. We believe that mothers give birth to a child so if she is not healthy how will the baby be born healthy but no one seems to bother about that.

A child's up bringing, physical development mental development are all mostly depending on the mother. School, other family members, neighbors, friends and finally the environment gives the rest of the impact. So it is always important for a mother to be educated. She can guide her child in the correct manner telling her/him what is right and what is wrong. In India most of the women are ignorant because education has not yet reached many places.

Mainly we discuss STDs HIV/AIDS. Initially they were asked to fill in a questionnaire to assess their knowledge. We were really shocked to see them so ignorant about the facts. We very nicely made them understand about the history of HIV/AIDS, the route of transmission, signs symptoms and common myths. We also focused on few STDs. Thus we tried to cover all the loop holes of their knowledge. Finally we concluded by serving tea and small snacks.