

BODHIPEET

On the 3rd of May 2007 **S. B. Devi Charity Home** in association with **Rotary Club of Kolkata South Central** we conducted a health check-up programme for the inmates of '**Bodhipeet**' a home for mentally challenged persons.

Doctors of S. B. Devi Charity Home did the clinical examination of 43 (29 female and 14 male) to find out the general health status for the inmates with special reference to their **Blood Pressure, Resting Pulse, Heart and Lung conditions, Abdominal disorders, liver, spleen and skin status.**

The specialists examined the inmates for any **ENT** problems, **dental** conditions; **eye-sight** and any other problems in the eye. **Gynaecologist** examined the female inmates for any urogenital disorder.

With the recommendation of the doctors **ECG** was done for seven inmates by a trained technician for the individuals for whom it was required.

Blood Hb% (Hemoglobin) and random **blood sugar** were also determined for all the inmates which were 43 in total.

The Nutritional status of the inmates was determined from their **Body Mass Index (B.M.I.)** calculated from heights and weights. This was done for all the inmates.

Behavioral disorders of the inmates were assessed by an experienced **Psychologist.**

The inmate who were found to have any clinical disorder were referred to **S. B. Devi Charity Home – Out Patient Clinic** for further investigation and treatment **free of cost.**

Nutritionist visited the **kitchen** of the home to assess the **food pattern** of the inmates. After assessing this, the Nutritionist advised the home authority for necessary changes to be incorporated in the food pattern so that the inmates improve their **nutritional status** as well as they enjoys their food.

After the completion of the **health check-up** the inmates of the home presented a **cultural programme.** One of the inmates, who is partially **deaf** and **dumb**, performed a celestial dance. Finally it was concluded by a song sang by few inmates .After the programme one of the inmate made tea and served it with snacks to all the team members.